

**Dominique Brown**  
**Senate Veterans Affairs & Emergency Preparedness Committee Hearing on Veterans**  
**Suicide**  
**March 16, 2023**

Dominique Brown born 1977, joined army at the age 17 deployed to many places: Nicaragua, Honduras, El Salvador, Lebanon, Germany, Africa, Turkey, Romania, Afghanistan, Kuwait and Iraq just to name a few. Completed 16 years as a E5 Sgt. was a DA civilian, defense contractor and then volunteered my services with many non-profit organizations.

I'm a peer support Mentor for Wounded Warrior Project

Host on WRGG 93.7FM - Warrior Empowerment Hour

Past Commander of VFW in Newville PA

Current executive board member of AMVETS post 224

I completed 3 tours to Iraq came home stationed at Letterkenny Army Depot, just had a child in December 2005 and was nominated for soldier of the year. So I had to study and take care of newborn as well as dealing with now I know is Combat PTSD. It was very overwhelming at times and at this particular time I decided to overdose on Trazodone I consumed over 60 pills and a friend took me to the hospital where I was in coma for 30 days. Once I came to I was taken to Walter Reed for 6 months. Came back to Letterkenny and resume work. The command Sgt Major told me if anyone ask I was on training.

Now I have a better understanding of myself, triggers and Combat PTSD, depression, anxiety so I do my best in passing on the knowledge.

"Be Mentally Strong, Physically Strong, Socially Strong & Spiritually Strong" Dom Brown